



PRELIMINARY TIMETABLE

Sunday July 7

Pacific Games Technical Meeting - Weightlifting	09:00	Place TBA
Verification of entries	11:00	Place TBA
Coaching Seminar	13:00	Place TBA
OWF Executive Board meeting	13:00	Place TBA
CWF Executive Board meeting Pacific Games	14:30	Place TBA
Opening Ceremony		

Monday July 8

OWF Annual Congress	09:30	Place TBA
CWF Annual Congress	14:30	Place TBA
Technical Meeting	16:30	Place TBA
Anti-Doping Seminar	17:30	Place TBA

Tuesday July 9

Session 1 - 09:00	Y40kg & 45kg	A	Women
Session 2 - 11:00	49kg A & 55kg B	B	Men
Session 3 - 13.00	49kg & 55kg	B	Women
Session 4 - 15.00	55kg	A	Men
Session 5 - 17.00	49kg	A	Women
Session 6 - 19.00	55kg	A	Women

Wednesday July 10

Session 7 - 09:00	59kg & 64kg	B	Women
Session 8 - 11:00	61kg & 67kg	B	Men
Session 9 - 13.00	59kg	A	Women
Session 10 -15.00	61kg	A	Men
Session 11 - 17.00	64kg	A	Women

Thursday July 11

Session 12 - 09:00	73kg & 81kg	B	Men
Session 13 - 11:00	71kg & 76kg	B	Women
Session 14 - 13:00	67kg	A	Men
Session 15 - 15:00	71kg	A	Women
Session 16- 17:00	73kg	A	Men

Friday July 12

Session 17 - 09:00	81kg & 87kg	B	Women
Session 18 - 11:00	89kg & 96kg	B	Men
Session 19 - 13:30	76kg & 81kg	A	Women
Session 20 - 15.30	81kg	A	Men
Session 21 - 17.30	89kg	A	Men

Saturday July 13

Session 22 - 09:00	96kg	A	Men
Session 23 - 11.00	Y+102kg, 102kg & 109kg	A	Men
Session 24 - 13:30	Y+ 81kg, 87kg & +87kg	A	Women
Session 25 - 16.00	+109kg	A	Men